

TOAST 'N' JAMS



3462 HENRY ST.
MUSKEGON, MI 49441
Phone 231-737-JAMS (5267)
www.toastnjams.com

Monday - Friday 7 am - 3 pm
Saturday, Sunday and Holidays 7 am - 2 pm
Closed Thanksgiving and Christmas



EGGS

Our delicious breakfasts are served with two "AA" large eggs and your choice of Multi-Grain, Sourdough, Whole Wheat, White or Rye toast. **Add 29¢ for Raisin Toast.**
Egg dishes can be made with cholesterol free egg substitute or egg whites.

Add a side of Hashbrowns or American Fries - 1.99

Add a side of our delicious Stuffed Hashbrowns mixed with Grilled Peppers, Onions, Sausage, Bacon and Cheddar Cheese - 3.49

Two "AA" Large Eggs & Toast

Prepared just the way you like them - 4.29

Smoked Bacon & Eggs

Four strips of sweet and smoky bacon - 5.89

Sausage & Eggs

Choose from links, patties or turkey sausage - 5.89

Smoked Ham & Eggs

Lean grilled ham steak - 6.29

Steak & Eggs

Fresh grilled 7 oz. New York Strip steak - 11.29

HOT off the Griddle

Pancake and waffle batters are whipped up daily with fresh milk and eggs.

Add Sweet Glazed Strawberries - 2.39 **Add a serving of Pure Maple Syrup - 1.79**

★ Belgian Waffle Breakfast

Waffle with your choice of bacon or sausage and two eggs - 7.99

Waffle à la Carte - 5.39

Add Pecans - 1.49

Add Glazed Strawberries and Whipped Cream - 2.39

Cinnamon Raisin French Toast Breakfast

Raisin bread dipped in cream, eggs, orange and vanilla. Served with two eggs and bacon or sausage - 8.99

Cinnamon Raisin French Toast à la Carte - 6.49

Strawberry Cheesecake Pancakes

Our special recipe strawberry batter pancakes cooked golden brown and topped with a sweet strawberry cream cheese blend. One of our most requested creations. Served with your choice of bacon or sausage - 7.69

Pancake Breakfast

Three fluffy golden brown pancakes with bacon or sausage and two eggs - 7.79

Pancakes à la Carte - 4.99

Add Blueberries - 1.99

Chicago Style French Toast

Our signature creation! Sliced English muffin bread dipped in our unique blend of cream, eggs, orange and vanilla. Topped with sliced bananas and fresh pecan halves. Served with a dollop of butter and real maple syrup - 9.29

Add Bacon or Sausage - 1.59

★ French Toast Breakfast

Thick egg French toast with bacon or sausage and two eggs - 7.99

French Toast à la Carte - 5.49

Sourdough French Toast

Sliced sourdough bread dipped in cream, eggs, orange and vanilla - 6.19

Add Bacon or Sausage - 1.59

3 EGG OMELETTES

Our omelettes are made with "AA" large eggs and the freshest meats, cheeses and vegetables. Served with your choice of Multi-Grain, Sourdough, Whole Wheat, White or Rye toast. **Add 29¢ for Raisin toast.**
Omelettes can be made with cholesterol free egg substitute or egg whites.

Add a side of Hashbrowns or American Fries - 1.99

Add a side of our delicious Stuffed Hashbrowns mixed with Grilled Peppers, Onions, Sausage, Bacon and Cheddar Cheese - 3.49

Western Omelette

Our fluffy omelette filled with diced ham, bell peppers, onions, mushrooms and American cheese - 8.79

★ Santa Monica Omelette

Sun dried tomatoes, mushrooms, onions, broccoli, red and green bell peppers and garlic with melted mozzarella and parmesan - 8.79

Mushroom Omelette

Our fluffy omelette filled with mozzarella cheese and fresh cooked mushrooms - 7.89

★ Spinach, Tomato & Feta Cheese Omelette

Stuffed with spinach, artichoke, Swiss and parmesan cheeses. Topped with fresh tomato and crumbled feta cheese - 8.99

Monterey Omelette

Stuffed with crisp bacon, ripe avocado, fresh cut salsa and lots of melted jack cheese - 8.89

Philly Diablo Omelette

Thinly sliced beef, sautéed peppers, onions, mushrooms, pepperjack cheese and diablo sauce. You won't forget this one! - 8.99

Denver Omelette

Stuffed with cheddar cheese, crisp bacon, red and green bell peppers and onions - 8.69

★ German Omelette

Cheddar cheese, ham and onions sautéed with hashbrowns and topped with sour cream and chives - 8.99

Meat Lovers Omelette

Stuffed with ham, bacon, sausage and lots of cheddar cheese - 9.19
Ham & Cheese or Bacon & Cheese - 8.19

Ham & Cheese with Broccoli Omelette

Stuffed with diced ham, American cheese and fresh steamed broccoli - 8.69

★ CHECK OUT OUR FAVORITES!

HOUSE Specialties

Skillet of Hashbrowns

An extra order of hashbrowns laced with onions, cheese, ham and two fresh "AA" eggs. Served with toast - 7.79

Eggs Benedict

Large fresh basted eggs, hollandaise sauce and thick sliced smoked Canadian bacon on a grilled English muffin - 7.79

★ Grandma Fenton's Biscuits & Gravy

Two fresh "AA" eggs. You've never had anything like this - 7.49

Skillet of Corned Beef Hash

Our homemade hash served with two farm fresh large eggs and toast - 7.89

★ Eggs Florentine Benedict

Large fresh basted eggs, crisp bacon, steamed spinach, sliced tomato and hollandaise sauce on a grilled English muffin - 7.79

Quiche Lorraine

Baked with Swiss cheese and feta, fresh spinach, mushrooms, onions and bacon. Seasoned with nutmeg and fresh spices. Baked from scratch and served with fresh fruit - 8.99

California Dreamer

Scrambled eggs, tomato slice and avocado prepared as a sandwich in a tender grilled croissant. Served with a slice of fresh melon - 4.89

Egg in a Muffin Sandwich

A single egg, cooked hard with Canadian bacon and American cheese in a grilled English muffin - 3.39

SCRAMBLES

Our delicious scrambles are served with "AA" large eggs and your choice of Multi-Grain, Sourdough, Whole Wheat, White or Rye toast. Add 29¢ for Raisin toast. Tortilla Scramble served with tortillas. Egg dishes can be made with cholesterol free egg substitute or egg whites.

Add Bacon or Sausage - 1.59

Seafood Scramble

Three extra large "AA" eggs scrambled with crabmeat, shrimp, mushrooms, scallions and minced garlic. We mix in mozzarella and parmesan cheeses and season with basil and Old Bay - 7.49

Tortilla Scramble

Three extra large eggs scrambled with chopped green onions, green chiles, green and red peppers, a few kernel of corn, chopped jalapeños and fresh diced tomatoes. We season with oregano and minced garlic, stir in some Mexican blend cheese and top with salsa and crushed tortilla chips. Served with warm flour tortillas, black beans and chipotle sauce - 6.89

Farmer's Scramble

Four extra large eggs scrambled with hashbrown potatoes, bacon, sausage, ham, onion, green peppers and scallions. Seasoned with garlic and Spanish paprika. All mixed together with a blend of cheddar and Monterey Jack cheeses - 7.99

Mediterranean Scramble

Three extra large eggs scrambled and prepared with a mix of steamed spinach, scallions, black olives and fresh diced tomatoes. Seasoned with parsley, oregano and a hint of mint. Feta cheese blended in just before the finish makes this dish a dish to remember - 6.39

HEALTHY CHOICES

Carb Smart Combo

Four scrambled egg whites, 8 oz. grilled ground turkey patty, cottage cheese and a glass of tomato juice - 8.99

514 calories, 60 g. protein, 13 g. net carbohydrates, 6 g sat fat

Fitness Omelette

Egg whites, fresh mushrooms, broccoli, onions, red and green peppers served with sliced tomatoes, dry wheat toast and fresh juice - 8.79

357 calories, 27 g. protein, 52 g. net carbohydrates, 1 g. sat fat

Breakfast from the Southwest

Huevos Rancheros

Two eggs cooked to your liking served on corn or flour tortillas, topped with homemade sauce. Black beans and avocados on the side - 5.99

★ Breakfast Tortillas

Build your own breakfast tacos with scrambled eggs, diced tomato, cheddar cheese, avocado, sour cream, fresh cut salsa, black beans and chipotle sauce with warm flour or corn tortillas - 6.99

Bakery & Cereals

★ Old Fashioned Oatmeal

With brown sugar, granola, raisins and non fat or 2% milk. Served 'til noon or later - 3.39

Add Fresh Bananas or Berries - 1.99

Toast 'N Jam

White, Whole Wheat, Sourdough, Multi-Grain or Rye - 1.99

Baked Oatmeal

Our old fashioned oats seasoned with cinnamon, brown sugar and vanilla. Baked to perfection - 3.79

Sticky Bun

Our homemade recipe - 3.29

Grits - 1.99

Bread Pudding

A house favorite! Homemade of course with cinnamon and raisins then drizzled with icing - 2.89

Banana Nut or Blueberry Muffin - 1.99

Bagel

Cinnamon Raisin or Plain with Cream Cheese - 2.49

Glazed Cinnamon Raisin Toast - 2.79

Cinnamon Raisin Toast - 2.29

Assortment of Kellogg's Cereal - 2.79

Soups, Salads and Sandwich Features on the Daily Board.

Sandwiches

SERVED WITH CHIPS AND PICKLE. ADD FRENCH FRIES - 1.49

★ Philly Cheese Steak Sandwich

Thinly sliced sautéed beef, grilled onions, peppers, mushrooms and provolone cheese on a crusty hoagie roll. It just doesn't get any better than this - our house favorite! Au jus on request. Make it a Philly Diablo - with pepperjack cheese and spicy diablo sauce - 8.89

★ Reuben Sandwich

Corned Beef, Swiss cheese, sauerkraut and thousand island dressing on grilled rye. Served with chips and a pickle - 8.69

California Reuben Sandwich

Fresh cooked turkey breast meat, homemade coleslaw and Swiss cheese on grilled rye. Served with Thousand Island dressing - 8.69

Club Sandwich

A traditional favorite with crisp bacon, thinly sliced roast turkey and ham, romaine lettuce, tomatoes and American cheese. Served with chips and a pickle - 8.99

Patty Melt

One third pound steakburger, sautéed onions and Swiss cheese. Served on grilled rye bread - 7.59

Reuben Panini

Corned beef, sauerkraut and Swiss on ciabatta bread. A tasty twist on the classic Reuben. Served with Thousand Island, chips and a pickle - 8.79

★ Cuban Panini

Our panini sandwiches are lightly brushed with olive oil, served on ciabatta bread and grilled in a waffle like skillet. Thinly sliced pork loin, ham, sliced pickles, mustard and Swiss cheese served with chips and pickle - 8.59

★ Turkey Bacon Melt

We take sourdough bread, fill it with sliced turkey, bacon, tomato and cheddar cheese and grill it to perfection - 8.19

Perch Sandwich

Lightly breaded lake perch, deep fried and served with romaine lettuce, tartar sauce, potato chips and pickle - 7.19

Black Forest Sandwich

Roast beef and turkey, sautéed onions, Swiss cheese and our own horseradish sauce. Served on grilled rye bread - 7.69

SOUPS & Combos

Homemade from our own recipes!

Chicken & Noodles

Our homemade chicken soup made with thick egg noodles. Cup - 2.99 Bowl - 4.19

Soup of the Day

Ask your server what Momma's cooking today! Cup - 2.99 Bowl - 4.19

Soup & Sandwich

Half of the following sandwich:

Turkey Bacon Melt • Bacon Lettuce & Tomato • Black Forest • Chicken Salad Wrap
With a Bowl of Soup - 8.39 With a Cup of Soup - 7.29

Fresh Fruit

SALADS

&

Wraps

★ Chicken Salad with Greens

A scoop of our tasty homemade chicken salad served on a bed of romaine lettuce, with tomato, carrot, red onion, green pepper and fresh mushrooms - 7.69

Cobb Salad with Chicken

Loaded with crumbled bleu cheese, hard boiled egg, bacon, avocado, tomato and red onions over a bed of fresh romaine lettuce - 9.99

Spinach Salad

Fresh baby spinach, hard boiled egg, sweet red onion, fresh mushrooms, carrots, sunflower seeds, tomatoes and mozzarella cheese with Hot Bacon dressing - 8.99

Chicken Salad Fruit Plate

Our homemade chicken salad with roasted almonds served over a bib of lettuce with cottage cheese and surrounded with fresh fruit - 8.99

Grilled Chicken Caesar Salad

Crisp romaine lettuce tossed in creamy caesar dressing. Topped with grated parmesan, croutons and grilled chicken breast - 7.99

Chicken Salad Croissant

Homemade chicken salad with romaine lettuce on a tasty croissant. Served with fresh cut fruit and a pickle - 7.39

Tossed Salad

Fresh romaine lettuce topped with tomatoes, carrots, red onion slices, croutons and shredded cheddar cheese - 4.49

Turkey Bacon Ranch Wrap

A fresh tortilla wrapped around turkey and crisp bacon with lettuce, tomato, cheddar cheese and ranch dressing. Served with chips - 8.69

Chicken Salad Wrap

Tender pulled chicken mixed with roasted almonds, celery, onions and salad dressing wrapped with lettuce in a fresh flour tortilla. Served with chips - 7.99

Low Fat Yogurt Parfait

Layers of fresh fruit, yogurt and granola served in a parfait glass - 4.59

Fresh Fruit Plate

Assorted fruits, freshly cut - 6.79 Cup - 3.99

Steakburger ROAD TRIP!

Our one third pound steakburgers are ground from USDA certified beef, blended with aged trimmings of the finest steaks available. Prepared medium well unless otherwise requested and served on a grilled bun with a variety of condiments and crinkle cut French fries. Enjoy the road ahead and experience a unique taste at each stop along the way.

You may substitute a fresh grilled chicken breast, turkey patty or vegetarian patty on any burger.

★ Windy City (Basic Cheeseburger)

1/3 lb. steakburger and your choice of cheddar or American cheese. Served deluxe style. Mama said we start at the corner of Michigan Avenue and Jackson Blvd. in downtown Chicago. Only 2278 miles to go! Single - 6.89 Double - 8.89

★ Springfield (Bacon Cheeseburger)

Add crispy hickory smoked bacon to your basic cheeseburger. Served deluxe style. If you made it this far without a breakdown, you're off to a good start. 2067 miles to go! Single - 7.99 Double - 9.99

Amarillo (Pepperjack BBQ Burger)

You didn't think the country was this big did you? You've put 376 more miles behind you. You're almost halfway. Don't turn back now! Let's eat Texas style! How about a juicy steakburger topped with pepperjack cheese, crispy bacon and BBQ sauce. Served with lettuce, tomato, onion and pickles. Single - 7.99 Double - 9.99

Mid Point (Bleu Cheese Burger)

Photo stop! We're in Adrian, Texas. Halfway between Chicago and L.A. How about a deluxe burger smothered with melted bleu cheese? Then you can stop for the night. I'm starting to miss Mama. 1139 miles to go! Single - 7.19 Double - 9.19

★ Albuquerque (Mushroom Burger)

I can't spell where we're at but I'm sure I'll remember this burger! Piled with sautéed mushrooms and onions and topped with aged Swiss cheese. 601 miles farther from Mama. Single - 7.49 Double - 9.49

Flagstaff (Southwestern Burger)

Oh my gosh! There IS life in Arizona! They eat their burgers with avocado, salsa and pepperjack cheese down here. Ole! We put 335 miles behind us today. 229 more to the California border. Single - 7.59 Double - 9.59

★ Needles (Olive Burger Deluxe)

How these people got all the way from Greece to Needles is beyond me! These roads are terrible! Chopped green olive sauce and feta cheese on a burger is a great way to get that California feeling. 314 to go! Single - 7.59 Double - 9.59

Los Angeles (Spinach, Feta & Garlic Burger)

What a trip! Oh, how I miss good ol' Chicago. Only 2278 miles to get back home to see Mama! This burger is topped with steamed spinach, crushed garlic and feta cheese. What a finish! Single - 7.59 Double - 9.59

LUNCH from the Southwest

Philly Quesadilla

Roast beef, peppers, onions and mozzarella cheese grilled in a flour tortilla. Served with au jus and horseradish sauce - 6.99

Taco Salad

A deep fried flour tortilla shell filled with romaine lettuce and seasoned ground beef. We top it with cheese, green onions, tomatoes and serve it with salsa and sour cream - 7.79

Chicken Quesadilla

Grilled chicken, tomatoes, scallions, cheddar cheese and our own chipotle ranch dressing grilled in a flour tortilla. Served with sour cream and salsa - 6.99

Wet Burrito

Filled with seasoned ground beef and black beans. We cover it with homemade sauce and lots of melted cheddar cheese. Then we top it with shredded lettuce, diced tomatoes and scallions. Garnished with tortilla chips - 7.89

Tacos

Three soft flour tortillas filled with seasoned beef, cheddar cheese, scallions and lettuce. Served with crisp tortilla chips, salsa and sour cream on the side - 6.99

Nachos Supreme

Colbyjack cheese melted over corn chips and smothered with seasoned ground beef, green onions, black beans, lettuce and tomatoes. Served with salsa and sour cream. Jalapeños on request - 8.39

LUNCH BASKETS

Our hot dogs are all beef and prepared to order. Served with French fries and pickles.

Greek Chili Dog Special

Here it is! That famous Greek chili sauce smothered over two grilled hot dogs trimmed with mustard and topped with onions - 4.99 Add Cheddar Cheese to your "Special" - 59¢

Hot Dog Special

Two grilled hot dogs served plain. Top them as you like with a variety of condiments - 4.39

Chicken Strips

Tender breast strips deep fried golden brown and served with dipping sauce and crinkle cut French fries - 7.39

Perch Basket

Tender lake perch lightly breaded and deep fried. Served with homemade tartar sauce, crinkle cut fries and coleslaw - 8.99

Shrimp Basket

1/4 lb. of shrimp coated with our own tasty batter and deep fried. Served with crinkle cut fries and coleslaw - 9.49

SIDES

Onion Rings

Fresh cut and hand battered - 3.49

Cauliflower

Fresh florets coated with our own recipe and deep fried - 3.49

French Fries

Crinkle cut to hold more ketchup - 2.49

Coleslaw

Homemade of course! Small - 99¢ Large - 1.99

Beverages

Featuring freshly ground coffee with flavored creams

Pepsi, Diet Pepsi, Root Beer, Mountain Dew, Sierra Mist, Pink Lemonade, Dr. Pepper, Raspberry Iced Tea
(free refills on fountain beverages)

Orange Juice

Real Lemonade (seasonal)

Iced Tea

Milk - 2%, Non-Fat, or Chocolate

Juices - Apple, Tomato, or Cranberry

Hot Chocolate with Whipped Cream

Assorted Teas

French Vanilla Cappuccino

We offer gluten free preparation upon request. Please ask your server for a list of menu options.

DESSERTS, Pies

& Ice Cream

Bread Pudding

A house favorite. Served warm - 2.79

Sundaes

Chocolate, Strawberry or Hot Fudge - 2.59

Shakes or Malts

Chocolate, Strawberry or Vanilla - 3.99

Root Beer Float - 2.39

Banana Cream Pie - 3.29

Toast N' Jams

Toast 'N Jams gift certificates are available for any occasion and may be purchased through your server in any denomination over \$5.

Children's menu available for kids 12 and under.

Toast 'N Jams is a smoke-free environment.

QUICK TAKE HOME

Our entire menu is available for take out. Feel free to call ahead with your order. We will do our best to have it ready when you arrive.

We fry in cholesterol free Fry-On Oil. Fry-On is a blend of corn and canola oil which is cholesterol free and lower in saturated fats.

We prefer credit cards to be used for payment if not using cash.

Sorry, we do not accept checks.

Visa, MasterCard, American Express cards are welcome.

On parties of eight or more, one check is required with 18% gratuity.

Ask your server about menu items that are cooked to order.

Consuming undercooked meats or eggs may increase your risk of foodborne illness.



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3462 Henry Street
Just south of Meijer and Wal-Mart
next to the Plaza Theatre