

Belgian Waffle Breakfast
Waffle with your choice of bacon or sausage and two eggs - 12.69
Waffle à la Carte- 7.99
Add Pecans -1.99
Add Glazed Strawberries and Whipped Cream - 3.69
Strawberry Cheesecake Pancakes Our special recipe strawberry batter pancakes cooked golden brown and topped with a sweet strawberry cream cheese blend. One of our most requested creations. Served with bacon or sausage and two eggs - 13.29
Strawberry cakes a la carte- 8.49
Pancake Breakfast
Three fluffy golden brown pancakes with
bacon or sausage and two eggs -11.99
Pancakes al la Carte- 7.19
Blueberry Pancakes
Real blueberries dropped right into the cake, Fresh \& hot. Served with bacon or sausage and two eggs - 11.59
Blueberry cakes a la carte - 6.79
Banana Nut Pancakes
Bananas and Pecans cooked in the batter,
Amazing flavors. Served with bacon
or sausage and two eggs - 12.59
Banana Nut cakes a la carte - 7.89
Cinnamon Roll Pancakes
Caramelized cinnamon \& sugar coats these cakes. Topped with Icing - Mim! Served with bacon or sausage and two eggs - 11.59 Cinnamon cakes a la carte - 6.79

Our omelettes are made with the freshest meats, eggs, cheeses and vegetables. Served with your choice of Multi-Grain, Sourdough, Whole Wheat, White, Rye or Cinnamon Raisin Toast or 2 Side Cakes. Add a side of Hashbrowns or American Fries - 3.39
Add a side of Stuffed Hashbrowns mixed with Grilled Peppers, Onions, Sausage, Bacon and Cheddar Cheese - 5.29

Western Omelette Our fluffy omelette filled with diced ham, bell peppers, onions, mushrooms and American cheese - 13.59
Santa Monica Omelette
Sun dried tomatoes, mushrooms, onions, broccoli, red and green bell peppers and garlic with melted mozzarella and parmesan - 13.59
${ }^{66}$ Spinach, Tomato \& Feta Cheese Omelette Stuffed with spinach, artichoke, Swiss and parmesan cheeses. Topped with fresh tomato and crumbled feta cheese - 13.99
Monterey Omelette
Stuffed with crisp bacon, ripe avocado, fresh cut salsa and lots of melted jack cheese - 13.19
Philly Diablo Omelette Thinly sliced beef, sautéed peppers, onions, mushrooms, pepperjack cheese and diablo sauce. You won't forget this one! - 14.19

Denver Omelette
Stuffed with cheddar cheese, crisp bacon, and bell peppers and onions - 13.39
(6) German Omelette

Cheddar cheese, ham and onions sauteed with hashbrowns and topped with sour cream and chives - 13.39
Meat Lovers Omelette
Stuffed with ham, bacon, sausage and lots of cheddar cheese - 14.19 Ham \& Cheese or Bacon \& Cheese - 12.29
Chili Dog Omelette
You will be amazed! We start with our famous chili sauce and a cut up all beef frank, then add sauteed onion with green pepper and combine it with mustard and American cheese to seal the deal. Don't knock it until you try it - 12.89
Corned Beef Hash Omelette
Homemade hash and lots of Swiss cheese - 12.89

## House Specialties

Skillet of Hashbrowns
An extra large order of hashbrowns laced with onions, cheese, ham and two fresh eggs Served with toast - 12.39

## Eqqs Benedict

Large fresh basted eggs hollandaise sauce and thick sliced smoked Canadian bacon on a grilled English muffin - 11.59

## Biscuits \& Gravy

 Grandpa's Favorite! Served with two fresh eggs. You've never had anything like this - 11.19Skillet of Corned Beef Hash
Our homemade hash served
with two farm fresh large
eggs and toast-12.19

## Eggs Florentine Benedict

 Large fresh basted eggs, crisp bacon, steamed spinach, sliced tomato and hollandaise sauce on a grilled English muffin - 11.59
## Quiche Lorraine

 Baked with Swiss cheese and feta, fresh spinach, mushrooms, onions and bacon. Seasoned with nutmeg and fresh spices. Baked from scratch and served with fresh fruit - 13.29
## California Dreamer

 Scrambled eggs, tomato slice and avocado prepared as a sandwich in a tender grilled croissant. Served with fresh melon-7.99Egg in a Muffin Sandwich A single egg, cooked hard with Canadian bacon and American cheese in a grilled English muffin-5.29
Country Fried Steak One Third Pound Steakburger coated in our special breading and deep fried. Served with a dollop of sausage gravy, two fresh eggs, hash browns and toast. - 12.89

## Healthy Choices

## Carb Smart Combo

Four scrambled egg whites, 6 oz . grilled ground turkey patty, cottage cheese and a glass of tomato juice 13.49

514 calories, 60 g . protein, 13 g .
net carbohydrates, 6 g . sat fat
(6) Fitness Omelette Egg whites, fresh steamed mushrooms, broccoli, onions, red and green peppers served with sliced tomatoes, dry wheat toast and fresh juice - 13.69 357 calories, 27 g . protein, 52 g . net carbohydrates, 1 g . sat fat
${ }^{66}$ Old Fashioned Oatmeal
With brown sugar, granola,
raisins and non fat or $2 \%$ milk.
Served 'til noon or later - 4.89
Add Fresh Bananas - 2.49

## Toast ' N Jam

Multi Grain, Sourdough, Whole Wheat
White, Rye or Cinnamon Raisin - 2.99

## Baked Oatmeal

Our old fashioned oats seasoned with cinnamon, brown sugar and vanilla. Baked to perfection - 5.59

Grits - 2.99

## Bread Pudding

A house favorite! Homemade of course with cinnamon and raisins then drizzled with icing -4.49

## Bagel

Cinnamon Raisin or Plain with Cream Cheese - 3.59

Glazed Cinnamon
Raisin Toast -4.19

## Assortment of Kellogg's Cold Cereal - 3.49

Our delicious scrambles are served with farm fresh large eggs and your choice of Multi-Grain, Sourdough, Whole Wheat, White, Rye or Cinnamon Raisin toast. Tortilla Scramble served with tortillas in place of toast. Egg dishes can be made with cholesterol free egg substitute or egg whites. Add Bacon or Sausage - 2.75

## Seafood Scramble

Three extra large eggs scrambled with crab meat, shrimp, mushrooms, scallions and minced garlic. We mix in mozzarella and parmesan cheeses and season with basil and Old Bay - 11.89

## Tortilla Scramble

Three large eggs scrambled with chopped green onions, green chiles, green and red peppers, a few kernel of corn, chopped jalapeños and fresh diced tomatoes. We season with oregano and minced garlic, stir in some Mexican blend cheese and top with salsa. Served with warm tortillas, black beans and chipotle sauce - 10.79

## Farmer's Scramble

Four large eggs scrambled with potatoes, bacon, sausage, ham, onion, green peppers and scallions. Seasoned with garlic and Spanish paprika. All mixed together with a
blend of cheddar and Monterey Jack cheeses - 12.59

## Mediterranean Scramble

Three large eggs scrambled and prepared with a mix of steamed spinach, scallions, black olives and fresh diced tomatoes. Seasoned with parsley, oregano and a hint of mint. Feta cheese makes this a dish to remember - 10.59

## Breakfast <br> fiom the South west

> Huevos Rancheros
> Two eggs cooked to your liking served on corn or flour tortillas, topped with homemade sauce. Black beans and avocado on the side - 9.19

## Breakfast Tortillas

 Build your own breakfast tacos with scrambled eggs, diced tomato, cheddar cheese, avocado, sour cream, fresh cut salsa, black beans and chipotle sauce with warm flour or corn tortillas - 10.99(6) Breakfast Burrito

Three scrambled eggs, cheddar cheese, sautéed mushrooms, onions, sausage and bacon. Rolled into a grilled flour tortilla shell. Served with a side of chipotle sauce and homemade salsa. Make it a Burrito Diablo - with Diablo Sauce and chopped jalapeno peppers - 10.39

## Sandwiches

 Add Ferved With Chips And Pickle. Soupes, Salerdo anel Sandwich Features on the Deilly Eoaral.
## Philly Cheese Steak Sandwich

Thinly sliced sautéed beef, grilled onions, peppers, mushrooms and Swiss cheese on a crusty hoagie roll. It just doesn't get any better than this - our house favorite! Au jus on request. Make it a Philly Diablo - with pepper jack cheese and spicy diablo sauce - 13.49 French Dip-10.99

## Club Sandwich

A traditional favorite with crisp bacon, thinly sliced roast turkey and ham, romaine lettuce, tomatoes and American cheese - 13.59
(66) Turkey Bacon Melt

We take sourdough bread, fill it with sliced turkey, bacon, tomato and cheddar cheese and grill it to perfection - 12.39

## White Fish Sandwich

Lightly breaded and deep-fried White Fish served on a brioche bun with romaine lettuce and our homemade tartar sauce-8.79
Burnt Ends Beef Barbecue Sandwich
Served with sweet sliced onion on a grilled brioche bun with homemade potato salad and our famous baked beans - 11.59

Corned Beef, Swiss cheese, sauerkraut and
thousand island dressing on grilled rye - 12.99

## California Reuben Sandwich

Fresh cooked turkey breast meat, homemade coleslaw and Swiss cheese on grilled rye. Served with Thousand Island dressing - 11.89

## Patty Melt

One third pound steakburger, sautéed onions and
Swiss cheese. Served on grilled rye bread - 11.19

## Soups ${ }^{8}$ combo <br> Homemade from our own recipes!

Chicken \& Noodles Our homemade chicken soup made with thick egg noodles. Cup - 4.89 Bowl - 6.89
Soup of the Day
Ask your server what
Momma's cooking today!
Cup - 4.89 Bowl - 6.89
Creamy Tomato Soup
A new favorite!
Cup-4.89 Bowl - 6.89
Don't forget the Grilled Cheese
Sandwich! Add 5.29
Soup \& Sandwich
Half of the following sandwich:
Turkey Bacon Melt • Bacon Lettuce \&
Tomato • Turkey Bacon • Ham 'n Swiss
Roast Beef'n Cheddar • Corned Beef on Rye •Chicken Salad Wrap With a Bowl of Soup - 12.99
With a Cup of Soup - 10.89

## Fresh Fruit ${ }^{8}$ Salads

(66) Chef Salad

A Diner Favorite. Crisp romaine lettuce topped with roasted turkey, ham, hard boiled egg, Swiss and cheddar cheese, red onion, tomato and avocado - 12.39
(6) Chicken Salad with Greens

A scoop of our tasty homemade chicken salad served on a bed of romaine lettuce, with tomato, carrot, red onion, green pepper and fresh mushrooms - 11.39

Cobb Salad with Chicken
Loaded with crumbled bleu cheese, hard boiled egg, bacon, avocado, tomato and red onions over a bed of fresh romaine lettuce - 15.19

## Spinach Salad

Fresh baby spinach, hard boiled egg, sweet red onion, fresh mushrooms, carrots, sunflower seeds, tomatoes and mozzarella cheese with hot bacon dressing - 13.29

## Chicken Salad Fruit Plate

Our homemade chicken salad with roasted almonds served over a bib of lettuce with cottage cheese and surrounded with fresh fruit - 13.59
Low Fat Yogurt Parfait Layers of fresh fruit, yogurt and granola served in a parfait glass-6.89
Fresh Fruit Plate
Assorted fruits, freshly cut-9.89 Cup-5.89

# Deli Sandwiches Style ${ }^{8}$ Wraps 


#### Abstract

Chicken Salad Croissant Our famous homemade Chicken Salad and romaine lettuce on a tasty croissant. Served with fresh cut fruit and a pickle - 10.89


The following sandwiches are served with Ruffles
Potato Chips and pickle. Add French Fries - 2.99

## Oven Roasted Turkey with Bacon

Served with Swiss cheese, lettuce, tomato, red onion and 66 southwest sauce, on fresh sourdough bread - 11.39
66 Roast Beef \& Cheddar
Thin sliced beef roasted medium rare. Served on whole wheat bread with tomato, lettuce, red onion and horseradish sauce - 10.49

## Ham 'N Swiss

Tasty sliced Ham served with Swiss cheese, tomato, lettuce, red onion and our dijionnaise sandwich spread. Served on marbled rye - 10.39

## Corned Beef on Rye

Fresh sliced corned beef, Swiss cheese and coleslaw on marbled rye bread with Thousand Island - 11.29
56) Chicken Salad Wrap

Tender pulled chicken mixed with roasted almonds, celery, onions and salad dressing. Wrapped with romaine lettuce in a fresh flour tortilla - 11.59

## Turkey Bacon Ranch Wrap

A fresh tortilla wrapped around fresh sliced roast turkey, crisp bacon, lettuce, tomato, cheddar cheese and ranch dressing - 11.29

# Iunch Plates <br> Our hot dogs are all beef and prepared to order. <br> Served with French fries and pickles. <br> bi Goulash 

Greek Chili Dog Special
Here it is! That famous Greek chili sauce smothered over two grilled hot dogs trimmed with mustard and topped with onions - 7.89
Add Cheddar Cheese to your "Special" -99\$ Hot Dog Special - 6.79

## Chicken Strips

Tender breast strips deep fried golden brown and served with dipping sauce and French fries-11.19

White Fish Platter
Two Large White Fish filets lightly breaded and deep-fried. Served with homemade tartar sauce, French fries and coleslaw - 12.29

Mama's old fashioned recipe.
Not too tart, not too sweet.
Served with garlic toast - 10.59
Hot Turkey Sandwich
Fresh Roasted Turkey served open
faced on grilled sourdough with homemade
gravy, real mashed potatoes and vegetable - 11.29
Blue Plate Special
Check our daily board for today's special feature.

## Lunch from the Southwest

## Tacos

## Philly Quesadilla

Roast beef, peppers, onions and mozzarella cheese grilled in a flour tortilla. Served with au jus and horseradish sauce - 10.49

## Wet Burrito

Filled with seasoned ground beef and black beans. We cover it with homemade sauce and lots of melted cheddar cheese. Then we top it with shredded lettuce, diced tomatoes and scallions. Garnished with tortilla chips - 11.99

## Taco Salad

A deep fried tortilla shell filled with romaine lettuce and seasoned ground beef. We top it with cheese, green onions, tomatoes and serve it with salsa and sour cream-10.99

Three soft flour tortillas filled with seasoned beef, cheddar cheese, scallions, tomatoes and lettuce. Served with crisp tortilla chips, salsa and sour cream on the side - 9.79

## Chicken Quesadilla

Grilled chicken, tomatoes, scallions, cheddar cheese and our own southwest dressing grilled in a flour tortilla. Served with sour cream and salsa - 10.59

## Nachos Supreme

Cheddarjack cheese melted over corn chips and smothered with seasoned ground beef, green onions, black beans, lettuce and tomatoes. Served with salsa and sour cream. Jalapeños on request - 10.89

# Steakburge bb <br> Our one third pound steakburgers are ground from USDA certified beef, blended with aged trimmings of the finest steaks available. Prepared medium well unless otherwise requested and served on a grilled brioche bun with a variety of condiments and Ruffles potato chips. Enjoy the road dhead and experience a unique taste at each stop along the way. Yu may substitute a fresh arilled chicken breast or vegetarian patty on any burger. Add French Fries - 2.99 or Homemade Onion Rings - 6.39 

Windy City (Basic Cheeseburger) $1 / 3 \mathrm{lb}$. steakburger and your choice of cheddar or American cheese. Served deluxe style. Mama said we start at the corner of Michigan Avenue and Jackson Blvd. in downtown Chicago. Only 2,278 miles to go!
Single - 8.89 Double - 11.89
60 Springfield (Bacon Cheeseburger) Add crispy hickory smoked bacon to your basic cheeseburger. Served deluxe style. If you made it this far without a breakdown, you're off to a good start. 2067 miles to go! Single - 10.39 Double - 13.39

## Amarillo (Pepperjack BBQ Burger)

 You didn't think the country was this big did you? You've put 376 more miles behind you. You're almost halfway. Don't turn back now! Let's eat Texas style! How about a juicy steakburger topped with pepperjack cheese, crispy bacon and $B B Q$ sauce. Served with lettuce, tomato, onion and pickles. Single - 10.39 Double - 13.39
## Mid Point (Bleu Cheese Burger)

Photo stop! We're in Adrian, Texas. Halfway between Chicago and L.A. How about a deluxe burger smothered with melted bleu cheese? Then you can stop for the night. I'm starting to miss Mama. 1,139 miles to go! Single - 9.29 Double - 12.29
${ }^{66}$ Albuquerque (Mushroom Burger) I can't spell where we're at but I'm sure'll remember this burger! Piled with sautéed mushrooms and onions and topped with aged Swiss cheese. 601 miles farther from Mama. Single - 9.99 Double - 12.99

## Flagstaff (Southwestern Burger)

Oh my gosh! There IS life in Arizona! They eat their burgers with avocado, salsa and pepperjack cheese down here. Ole! We put 335 miles behind us today. 229 more to the California border. Single-9.99 Double - 12.99
Needles (Olive Burger Deluxe) How these people got allthe way from Greece to Needles is beyond me! These roads are terrible! Chopped green olive sauce and feta cheese on a burger is a great way to get that California feeling. 314 to go! Single - 9.99 Double - 12.99

## Los Angeles (Spinach, Feta \& Garlic Burger)

 What a trip! Oh, how I miss good ol' Chicago. Only 2278 miles to get back home to see Mama! This burger is topped with steamed spinach, crushed garlic and feta cheese. What a finish! Single - 9.99 Double - 12.99Homemade Onion Rings Fresh cut and hand battered - 6.39

French Fries 2.99
(36) Sweet Potato Waffle Fries

Taste of sweetness 4.39
Coleslaw
Homemade of course!
Small-1.39 Large-2.39

Featuring freshly ground coffee with flavored creams

Pepsi, Diet Pepsi, Root Beer, Mountain
Dew, Sierra Mist, Pink Lemonade, Dr. Pepper, Raspberry Iced Tea Dr. Pepper, Raspberry Iced Tea
(free refills on fountain beverages) Orange Juice Real Lemonade (seasonal)
Iced Tea Fresh Brewed
Milk - $2 \%$, Non-Fat, or Chocolate

## Juices - Apple, Tomato, or Cranberry Hot Chocolate with Whipped Cream Juices - Apple, Tomato, or Cranberry Hot Chocolate with Whipped Cream Assorted Teas <br> French Vanilla Cappuccino <br> We offer gluten free prepamation upon request. Please ask youn senven fon ar list of menu options:

## Beveragess

1

Our entire menu is available for take out. Visit our website, toastnjams.com, click the order link.
We will do our best to have it ready when you arrive.
We fry in cholesterol free Fry-On Oil. Fry-On is a blend of comn and canola oil which is cholesterol free and lower in saturated fats.
We prefer credit cards to be used for payment if not using cash. A convenience fee of $3.75 \%$ will be added to all checks. This fee will be waived if paying with cash. Sorry, we do not accept checks.
Visa, MasterCard, American Express and Discover cards are welcome.
On parties of eight or more, one check is required with $18 \%$ gratuity.
Ask your server about menu items that are cooked to order.
Consuming undercooked meats or eggs may increase your risk of foodborne illness.

Toast 'N Jams gift cards are available for any occasion and may be purchased through your server in any denomination over $\$ 10$.

Children's menu available for kids 12 and under.
Toast 'N Jams is a smoke-free environment.
www.toastnjams.com
211 Seaway Dr. Muskegon, MI 49441
At the comer of Seaway and Seminole

## Caffe Americano

|  | SM. | LG. |
| :---: | :---: | :---: |
| - solo | 2.96 |  |
| -doppio | 3.70 |  |
| - con panna | 3.15 |  |
| -macchialo | 3.15 |  |
| AMERICANO | 2.96 | 3.69 |
| CAPPUCCINO | 4.00 | 5.00 |
| LATTE | 4.00 | 5.00 |
| MOCHA | 4.00 | 5.00 |
| CARAMEL MACCHIATO | 4.80 | 5.50 |
| AEROCANO | 2.96 | 3.69 |
| AFFOCATO | 5.00 |  |

AMERICANO
CAPPUCCINO
LATTE
MOCHA
CARAMEL MACCHIATO
AEROCANO
6.00

OTHERS
COFFEE
SM.
LG.

HOT CHOCOLATE $4.00 \quad 6.00$
CHAI LATTE $4.50 \quad 5.50$
MATCHA LATTE $4.00 \quad 5.00$
ExTO
ALTERNATIVE MILK SO $~ \| ~ S Y R U P ~ S O \& ~$

- oal
-almond
-coconul

ADD SHOT $76 \$$

- vanilla
-SF vanilla -caramel -hazelnut -Lavender -chocolate


## FRESH BAKED

APPLE CINNAMON MUFFIN
3.29
2.99
2.99

SEVEN LAYER "MAGIC" BARS 3.99
PIE OF THE DAY 4.69
Ask your server

BANANA MUFFIN
BLUEBERRY MUFFIN

## Thank You!

See You Again Soon

